

**Alcohol & Tobacco
Review Sheet
20 points**

1. What is the type of alcohol found in alcoholic beverages?
2. What drug classification/category does alcohol fall under?
3. What is the state in which the body is poisoned by alcohol and their physical and mental control is reduced?
4. What is the need to drink more and more alcohol in order to feel its effects?
5. What is a safe amount of alcohol for a pregnant woman to drink?
6. One drink equals how many ounces of the following beverage?
 1. Hard Liquor=
 2. Beer=
 3. Wine=
7. What does BAC stand for?
8. What organ is responsible for breaking down alcohol?
9. How many drinks of alcohol can your body breakdown in one hour?
10. Once alcohol enters the bloodstream, it is circulated throughout the body and affects which organ the most (short-term effects)?
11. Which group usually progresses through the stages of alcoholism faster?

12. Alcoholism usually begins with what type of drinking?
13. What is the disease in which the tiny air sacs of the lungs are torn, ruptured, or lose their elasticity?
14. What is the disease that has damaged cilia leading to a build up of tar and mucus, also known as “smoker’s cough”
15. What is the addictive ingredient found in tobacco?
16. What colorless, odorless, poisonous gas replaces oxygen in the blood after smoking?
17. What type of drug is nicotine?
18. What is the term for anything that causes cancer?
19. What can Leukoplakia turn in to?
20. It is well know that tobacco use causes cancer, but what other deadly disease does it cause? List two.
 - 1.
 - 2.
21. What is a long-term effect of drinking alcohol in which useless scar tissue replaces healthy liver tissue?
22. Drinking five or more drinks per sitting, or drinking with the intent of getting drunk is called?

23. The amount of alcohol in your blood shown as a percentage is called?

24. What is the term for a severe and potentially fatal overdose to alcohol?

25. What is the disease in which a person has a physical or psychological dependence on alcohol?

26. After abusing alcohol for many years drinkers will find themselves getting drunk on very little alcohol as they did when they first started drinking. What is this called?

27. What is the term for living without alcohol?

28. What is the term for the process in which the body adjusts to functioning without alcohol?

29. Process of learning to live an alcohol free life

30. What is the leading cause of mental retardation in the United States?

31. What is the legal BAC limit for the following?

1. Adult (21 or older)=

2. Adolescent (20 or younger)=

32. In general, which gender becomes intoxicated more quickly and why?

33. List 4 factors that can effect your BAC

1.

3.

2.

4.

The following statements are false, rewrite the sentence making it a correct statement.

34. Alcoholism is not inked to heredity/genetics.

35. Alcohol is rarely linked to violent crimes

36. Second-hand smoke is less cancerous then mainstream smoke.

37. Chewing tobacco is a safe alternative to smoking tobacco.