

▶ **EXPLORING HEALTH TERMS** *Answer the following questions on a sheet of paper.*

Lesson 1

Match each definition with the correct term.

cooperation

compromise

friendship

communication

citizenship

role

relationship

1. A significant relationship between two people based on caring, trust, and consideration.
2. A part you play in a relationship.
3. The ways in which you send and receive messages.
4. A process of working together for the good of all.

Lesson 2

Fill in the blanks with the correct term.

body language

tolerance

active listening

constructive criticism

"I" messages

prejudice

Tara is annoyed because Liz is late. To avoid placing blame, she uses (**_5_**) to let Liz know how she feels. Liz shows she is listening to Tara by using appropriate (**_6_**), such as nodding her head. Using (**_7_**) skills helps Liz understand why Tara is upset, and she apologizes for being late.

your Foldable about building and
k of your Foldable, describe your
relationships with other students.

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Lesson 3

*Replace the underlined words
with the correct term.*

negotiation
conflict resolution
mediation
conflict

peer mediators
interpersonal conflict
confidentiality

8. Any disagreement or struggle is a negotiation.
9. Negotiation and mediation are two processes used for interpersonal conflict.
10. Mediators must demonstrate conflict, respect for the rights and privacy of others.

► **RECALLING THE FACTS** *Use complete sentences to answer the following questions.*

1. Name three roles you play in your relationships with others. Explain when you play each role.
2. How can compromise help strengthen a
relati

10. the rights and privacy of children.

▶ RECALLING THE FACTS Use complete sentences to answer the following questions.

1. Name three roles you play in your relationships with others. Explain when you play each role.
2. How can compromise help strengthen a relationship?
3. What are some ways you can demonstrate the character trait of responsibility?
4. How do you know when you are communicating effectively?
5. What is reflective listening?
6. How does prejudice set up a barrier to effective communication?
7. List the strategies for conflict resolution.
8. What two things should you consider when deciding how to respond to conflict?
9. Define negotiation.
10. When might it be necessary to have a mediator help settle a conflict?